

SWK 6511: Clinical Social Work Practice

CBT Case Assignment Rubric (100 points)

Criteria	Meets Expectations	Meets Some Expectations	Below Expectations
Client criteria for CBT	The student provides a clear explanation for why the client is a good candidate for CBT (25 points)	The student provides an unclear explanation for why the client is a good candidate for CBT (15 points)	The student does not provide an explanation for why the client is a good candidate for CBT. (0 points)
Assessment scales or measures	The student clearly identifies how they would assess the client and what assessment measures would be used. (10 points)	The student provides an unclear plan for client assessment. (5 points)	The student does not have a plan for assessment. (0 points)
Psychoeducation	The student gives a clear explanation of psychoeducation strategies they would use to help the client understand her diagnosis. (25 points)	The student gives an unclear explanation of psychoeducation strategies they would use to help the client understand her diagnosis. (15 points)	The paper does not take into consideration a plan for psychoeducation. (0 points)
Thought modification	The student provides an example of how he/she would help the client modify one of the identified automatic thoughts. Specific tools or activities are identified. (40 points)	The student provides an incomplete example of thought modification. Specific tools or activities are not identified. (25 points)	The student does not provide information on thought modification. (0 points)