

SWK 6511: Clinical Social Work Practice

Key Assessment: Evidence-Based Practice Paper

Overview

You will apply evidence-based research and practice concepts learned throughout the course to a case at your internship. The professor is available to meet with you at any point to support this process and workshops will be scheduled throughout the term.

Outline of Evidence-Based Practice Paper

Introduction

1. Describe your agency
2. Describe the client's characteristics
3. Client history
4. Reason for referral
5. Culture/religion/community/privilege
6. Discuss at least two theories of human behavior and the social environment as they apply to engaging with your client. (Keep in mind you will be building on these theories throughout this paper and they need to help inform your assessment and interventions).

Assessment

7. Assessments used for diagnosis (e.g., Beck's Depression Inventory, ADIS, RCMAS, Connor's, etc.).
8. Discuss how your two HBSE theories you introduced in the introduction help your ongoing assessment process with this client.
9. DSM-5 (APA, 2013) Diagnosis
10. Rationale for diagnosis (citing the DSM-5, APA, 2013)
11. Prognosis and relapse prevention

Evidence-Based Practices

12. Logic, scientific inquiry, culturally informed practices, and ethical approaches for evaluation.
13. Use of evidence-based practice and the processes
14. Discern and translate quality evidence-based research
15. Discuss your process for locating quality research to inform your practice decisions.

Interventions

16. Describe how your HBSE theories discussed in the introduction and assessment sections helped to inform your intervention.
17. SMART Goals
18. Duration of Intervention
19. Interventions of choice

Evaluation

20. Describe how you will evaluate the impact of your chosen intervention/s on client change (your pre-and post- assessment data)
21. Describe how you will use qualitative data (client feedback) to inform your conclusions.
22. Explain how you used theories to inform your process of evaluation.
23. Describe your ongoing evaluation process, which considers the client's contexts.

Conclusion

24. Critically examine and summarize background, assessment, diagnosis, evidence-based practices, interventions, and evaluation.

Reflection

25. Discuss the process of clinical engagement between you and your client.
26. Discuss your role within the professional environment.
27. Reflect on the use of supervision as it pertains to the case you described in this paper.
28. Discuss how your interprofessional collaboration strengthens the outcomes of the clinical interventions.
29. Describe how your personal experiences may have impacted your assessment and clinical decision-making process.
30. Describe the importance of human relationships as it applies within the clinical context.
31. Discuss your contributions to the research base and life-long learning

Details by Section

1. Introduction: (approximately 1-2 pages)

This section describes the agency and the client.

Describe your agency. Inform the reader where you work and what type of clients the agency serves. Explain the services offered/used with clients.

Provide a description of the client that includes standard characteristics such as age, sex,

ethnicity, and family composition.

Provide the client's history, especially information on earlier life history. Include the details ordinarily incorporated in a clinical case study.

Describe the reason for seeking treatment and presenting concerns or symptoms.

Discuss the client's culture, how this may be affecting his/her development, and the considerations you need to make to be culturally competent (you should include at least one reference about cultural competence/humility, as relevant to this client).

Describe at least two human behavior and the social environment (HBSE) theories and describe how they apply to effectively engaging with your client. For example, if you are working with a client with an anxiety disorder discuss how HBSE theories help you to effectively understand your client, inform your ongoing assessment and the intervention process.

2. Assessment: (Approximately 2 pages)

In this section, you will diagnose your client. You will use the DSM-5 (APA, 2013) to apply diagnostic criteria about your client to the client's diagnosis to demonstrate that the client meets the criteria of that diagnosis.

Please also explain the assessments that were or will be used for diagnosis and why you chose them (e.g., Beck's Depression Inventory, ADIS, Connor's, etc.). Also, discuss the frequency of reassessment throughout your client's course of care and rationale (e.g., pre- and post-intervention as well as the during treatment, as it applies to your client and their needs).

Revisit your HBSE theories from your introduction and describe how they will help inform your ongoing assessment.

End this section with your client's prognosis. Describe the client's potential for recovery and relapse prevention and how you reached that conclusion.

3. Evidence-based practices: (Approximately 4-5 pages)

In this section, explicitly incorporate principles of logic (your decision-making process), scientific inquiry (how you located and examined the available research), and culturally informed (account for diversity, differences, and cultural humility), ethical approaches, and evaluation data (use NASW Code of Ethics, 2021) to appraise clinical practice and program outcomes.

As you complete this section, include information about how you will use the process of evidence-based practice to translate research findings into effective practice.

In this section, **include three or more citations/peer-reviewed articles** supporting your practice

interventions from **BOTH peer-reviewed quantitative and qualitative research** methods determining your evaluation of clinical practice and program outcomes (how your program outcomes were met or not met by your clinical outcome).

Discern and translate quality evidence-based research for application to the process of decision-making in practice and program contexts. Please use the peer-reviewed research to assess the appropriateness of your clinical interventions as well as how they assessed the effectiveness of the treatment/intervention. Use the articles that you locate to discern and discuss these factors.

Discuss your process for locating quality research including quantitative and qualitative methods and how you used that evidence to inform your practice decisions as well as the number of articles you located, and the search terms you used for transparency. You may need to use professional journals in multiple fields. For example, if your case study is about a student who is a client in a school setting, your quantitative and qualitative research articles can derive from both mental health journals as well as education. If you are working with an older adult in a geriatric setting, your research should involve health care and mental health.

4. Intervention(s): (Approximately 2 pages)

You will also use informed decision-making identified in the evidence-based practice section to identify and justify your methods of intervention with the client. Using the example above, that would be CBT.

Determine a minimum of two goals and describe the objectives for each goal. Write S.M.A.R.T goals and objectives in an outline format. Each SMART goal needs to have a minimum of three objectives.

Decide on whether your intervention will be short or long term and give a rationale.

Using at least two or more peer-reviewed research articles, describe the interventions you would use, and how you believe this will help the client change and function more effectively. Be explicit about how your interventions are grounded in evidence, and how the specific approach/es selected are expected to facilitate treatment goal achievement.

Finally, describe how your HBSE theories help inform your interventions. For example, if your intervention is CBT, your HBSE theories will likely discuss behaviorism and cognitive development.

5. Evaluation: (Approximately 1-2 pages)

Describe your ongoing evaluation process with your client, which considers the client's contexts.

Explain how you used clinical theories to inform your process of evaluation.

Describe how you will evaluate the impact of your chosen intervention/s on client change (your pre- and post-assessment data) (e.g., Beck's Depression Inventory as an ongoing assessment administered pre, post, and mid-treatment).

Describe how you will use qualitative data (client feedback) to inform your conclusions

6. Conclusion: (Approximately 1-2 pages)

Begin the conclusion by including a strong conclusion that reflects on your critical examination of your client and what outcomes you anticipate given their background, your assessment, the diagnosis, evidence-based practices, and interventions. A good rule-of-thumb is to include a 3-4 sentence summary for each of the sections.

7. Reflection: (Approximately 3-4 pages)

Please begin this section with a discussion on the process of clinical engagement between you and your client. In terms of your work as a part of an interprofessional team, please discuss your role within the professional environment. Describe how supervision and your interprofessional collaboration strengthen the outcomes of the clinical interventions.

Describe how your personal experiences may have impacted your assessment and clinical decision-making process.

Describe the importance of human relationships as it applies within the clinical context.

Life-long learning- Discuss what steps you will take to remain current with the research and practices as it pertains to your client population (e.g., if you are working with a child with an anxiety disorder, then describe how you will remain current with research and practice for childhood anxiety disorders).

Contributions to the research base- how can you contribute your findings to the existing knowledge base while maintaining confidentiality. For example, you could share at an in-service or a professional conference the evidence-based process you took applying research to practice and the evaluation practice of assessing the effectiveness of interventions.

Additional Requirements

Clinical Information

Please disguise clinical information on the case study as well as within your group. Use a single initial, "Mr./Ms. Smith," or simple first names for children. If you do not have access to certain information or a current case, please discuss this with the professor within the first week of the term.

Formatting

Please follow APA 7th edition style guidelines that include 12-point Times New Roman font, double-spaced, and one-inch margins.

It is strongly recommended to use headings (noted in the outline) throughout your paper.

A minimum of 5 outside, peer-reviewed sources (outside of class means professional journal articles not assigned in class) as well as in-class material. There are a number of resources available through the library to assist you (including e-journals, search engines, and interlibrary and intercampus loan).