# Linden Oaks BEHAVIORAL HEALTH

#### **Linden Oaks Hospital**

Linden Oaks is dedicated to providing the best behavioral health service to teens, adults, families and seniors with compassion, dignity and excellence. As a Joint Commission approved 108 bed facility; Linden Oaks is a vibrant, free-standing, not-for-profit psychiatric hospital in the metropolitan Chicagoland area that provides a full continuum of care for all the major psychiatric disorders, chemical dependency, adolescent services, eating disorders, self-injury and geriatrics. Linden Oaks receives the majority of its referrals from agencies and physician practices in the western suburbs, however, specialty treatment referrals span the greater Chicago and Midwest area. Patients receiving services on an inpatient basis continue their therapy in our outpatient day hospital and/or outpatient clinics. As the behavioral health venture of Edward-Elmhurst Health, one of Linden Oaks' greatest resources is its liaison and access to a Heart Hospital, Cancer Center and Emergent and Immediate Care.

The internship opportunities at Linden Oaks offer exceptional training. Interns have the ability to do individual, family, group, multi-family group, psycho-educational trainings, and case management in an interdisciplinary health care setting. They are supported by and expected to work hand in hand with clinical therapists, medical staff, and other support staff.

#### **Expectations**

Expectations for internship placement:

- The college/university attended by applicant is required to have an active Affiliation Agreement with Linden Oaks Hospital.
- Applicants need to be in the second year of a Master's Program in a related field of counseling in an accredited academic institution.
- Applicants need to commit to the minimum time requirements of eight months
  (September through end of April), 20-24 hours per week, three days per week.
  (Note: Ending date is negotiable per individual school calendar or based on hours needed.)

Opportunities and expectations during your placement under direct supervision include (but are not limited to):

- Facilitate groups in your assigned area to include process groups, patient skill groups, and psycho-educational groups.
- Case management responsibilities including psychosocial evaluations, individual sessions, family sessions, discharge planning and collateral contacts.
- Participate in team staffings which include psychiatrists, nurses, and other mental health providers.

#### **Continuing Education**

Linden Oaks has a strong commitment to continuing education. Professional seminars with speakers of national repute are offered on a monthly basis. Additional trainings are provided in specialty areas throughout the year and time permitting, interns are encouraged to take advantage of such offerings. Additionally there is a wealth of educational opportunities through weekly group and individual supervision.

### **Applications**

The following items will need to be completed:

- Linden Oaks Internship Request Form
- A personal statement reflecting interests, experience, and personal objectives
- Curriculum vitae
- Three letters of recommendations

The above completed documents should be compiled and forwarded to Bill Li as soon as possible. (e-mail: William.Li@EEHealth.org; phone: 630-646-5106)

All applications will be reviewed and you will be notified of your application status by March 1 (or before). Upon successful review, candidates will be scheduled for interviews.

If you have any questions about this process, please feel free to contact Bill Li, Internship Program Coordinator at 630-646-5106 or William.Li@EEHealth.org.

Thank you for your interest in our program.



## **INTERNSHIP REQUEST FORM**

(please print clearly)

Name	
Phone #	Cell phone #
Email address	
	Year in program
Name of school contact pe	erson
	(LCPC, LCSW, Ph.D)
Internship dates requested	l
	required
	d/preferred: (Rank in numbered order of preference; Not all sites need to be ranked)
INPATIENT - Naperville	OUTPATIENT
Inpatient Geriatric Unit Inpatient Adolescent Unit	St. Charles Location (Adult/Adolescent)
	Naperville Location (Mill St.) Adult (Mental Health)
	Mokena Location
	Adult Adolescent