



Resources on Trauma

FOR FIRST RESPONDERS & CAREGIVERS

[Crisis Caregivers: Taking Care of Ourselves / NASP](#)

Relevant for caregivers and first responders

[School Crisis Aftermath: Care for the Caregivers / NASP](#)

[School Staff & Crisis: Care for the Caregiver / PERI](#)

FOR TEACHERS, PARENTS & GUARDIANS

[Common Reactions After Trauma / National Center for PTSD](#)

May be relevant for adults, educators, administrators, school staff

[Coping with a Traumatic Event / CDC](#)

Most relevant for adults

[Helping Children & Teens Cope with Traumatic Events & Death: the Role of School Health Professionals / NYU Child Study Center](#)

[Managing Threats: Safety Lessons Learned from School Shootings / Marleen Wong PhD](#)

ABOUT THE KIDS

[Age-Related Reactions to a Traumatic Event / NCTSN](#)

[Child Trauma Toolkit / NCTSN](#)

See page 9, Psychological & Behavioral Impact of Trauma: Elementary School Students

[Children & Grief / American Academy of Child & Adolescent Psychiatry](#)

[Coping with Crisis--Helping Children with Special Needs / NASP](#)

[Crisis Intervention: the First Few Days - Summary / William Steele](#)

[Crisis Management with Children & Adolescents: Information for Parents & Caregivers / CSMH Maryland](#)

[Helping Children with Developmental Disabilities Cope with Traumatic Events / NYU Child Study Center](#)

[Helping Young Trauma Survivors / NIMH](#)

[Helping Your Children Manage Distress in the Aftermath of a Shooting / APA](#)

[How Children React to Trauma / NIMH](#)

[How Do Young Kids & Teens Respond to Trauma? Is Post Traumatic Stress Disorder \(PTSD\) a Concern? / 4Therapy](#)

[Identifying Seriously Traumatized Children: Tips for Parents & Educators / NASP](#)

[Managing Strong Emotional Reactions to Traumatic Events: Tips for Parents & Educators / NASP](#)

[Mental Health Response to Mass Violence & Terrorism / SAMHSA](#)

[Psychological First Aid - Listen, Protect, Connect / USDOE/MWong](#)

[Psychological Impact of the Recent Shooting / NCTSN](#)

[School Crisis Guide / NEA Health Education Association](#)

[Schools Helping Students Deal with Loss / SMHP-UCLA](#)

Although intended for natural disasters, this document has solid information for shootings as well.

[Signs of a Grieving Child / TLC Institute](#)

[Suggestions for Educators \[re: Trauma\] - NCTSN](#)

[Talking to Children About Violence: Tips for Parents & Teachers / NASP](#)

[Tips for Talking to Children About the Shooting / NY Times Article 12.15.12](#)

[Trauma's Impact on Learning & Behavior: a Case for Intervention in Schools / TLC Institute](#)